

Patterns and outcomes of preterm hospital admissions during pregnancy in NSW, 2001–2008

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In Australia, regionalised maternity care aims to ensure provision of the appropriate level of care to all women, through assessment of risk, referral and transfer. An important element of this care is providing high-quality, safe and accessible services to women and babies in rural and remote areas.^{1,2} For women who experience pregnancy complications, this means their needs may not necessarily be met by their local hospital. They may be admitted and then be discharged or transferred or give birth. Babies born in a tertiary centre to women experiencing pregnancy complications (including those transferred from another hospital before the birth) have lower rates of morbidity and mortality than babies who are transferred after they are born.^{3,4}

Pregnancy and childbirth is one of the most common reasons for hospital admission in Australia, and accounted for about 8% of all overnight acute admissions in 2009–10.⁵ Decisions to admit or transfer women who present to hospital with complications during pregnancy depend on various factors, including: severity of the complication; stage of pregnancy or labour; bed availability; availability of specific clinical expertise; hospital services; proximity of services to the woman's home; women's or clinician's preferences; and availability of support at home.

The few studies that have examined admissions during pregnancy or the subsequent pathways for these women have been limited by non-representative populations⁶ or inability to track individuals through multiple admissions and transfers.^{7–9} Because of a lack of data on single or multiple admissions during pregnancy and transfers between facilities, it is not possible to evaluate how well the policy aims of equitable and efficient use of resources and optimal outcomes for neonates¹⁰ are being met.

The aim of this study was to assess the number, factors associated with,

Abstract

Objective: To assess the frequency and outcomes of preterm hospital admissions during pregnancy, with a focus on transfers to higher levels of care.

Design: Population-based cohort study using linked population data.

Setting and subjects: Women who were admitted to hospital in weeks 20–36 of pregnancy (preterm) and gave birth to a liveborn singleton infant in New South Wales during 2001–2008.

Main outcome measure: Numbers of preterm admissions of pregnant women who were discharged without giving birth, were transferred to higher care, or who gave birth.

Results: 110 439 pregnancies (16.0%) involved at least one preterm admission. After their initial preterm admission, 71.9% of women were discharged, 6.3% were transferred and 21.8% gave birth. Median gestational age at admission was 33 weeks and median time to discharge, transfer or giving birth was 1 day. Most women who were transferred or who gave birth had been admitted for preterm rupture of membranes or preterm labour. Of the women who were admitted or were transferred with suspected preterm labour, only 29% and 38%, respectively, gave birth. Compared with other admitted women, women having a first birth, public patients and those living in areas of low socioeconomic status were more likely to be transferred or to give birth. As gestational age increased, the proportion of women transferred decreased and the proportion giving birth increased. Infants born after maternal transfer had lower gestational age and more adverse outcomes than those born without maternal transfer.

Conclusions: Preterm hospital admission affects one in six women with singleton pregnancies. Methods that could improve assessment of labour status have a large potential to reduce the burden on maternity services. The increased morbidity for infants born after maternal transfer suggests women with high-risk pregnancies are being appropriately identified.

and outcomes of preterm admissions to hospital, with a focus on transfers to hospitals with a higher level of maternity care.

Methods

The study population comprised women who gave birth to a liveborn singleton infant ≥ 24 weeks' gestation in 2001–2008 in New South Wales and who were admitted to hospital during weeks 20–36 of their pregnancy ("preterm"). Women were included for each pregnancy that met the criteria.

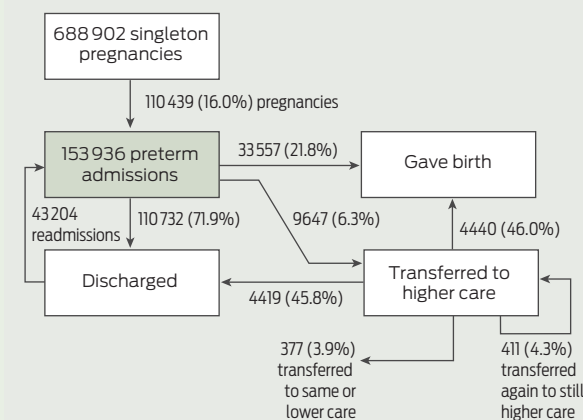
We obtained data from the NSW Perinatal Data Collection (PDC) and the NSW Admitted Patients Data Collection (APDC). The PDC ("birth" records) is a population-based surveillance system, covering all live births and stillbirths at ≥ 20 weeks' gestation or ≥ 400 g birthweight, and includes demographic, medical and obstetric information and information

on the condition of the infant. The APDC ("hospital" records) is a census of all inpatient admissions (public and private) in NSW. It includes demographic, administrative and clinical information. Diagnoses related to the admission are coded according to the 10th revision of the International Classification of Diseases, Australian Modification (ICD-10-AM).

Probabilistic linkage of birth and hospital records for mothers and babies was conducted by the Centre for Health Record Linkage and was approved by the NSW Population and Health Services Research Ethics Committee. These datasets have low rates of missing data and generally high levels of agreement when compared with medical records.^{11–13}

For each birth, records of the mother's hospital admissions (including hospital-to-hospital transfers) where the admission occurred at 20–36 weeks' gestation were retained. Day-only admissions were included. Ges-

1 Pathways for pregnant women admitted to hospital preterm* in New South Wales, 2001–2008



* During weeks 20–36 of the pregnancy.

tational age (in weeks) at admission was estimated from the baby's date of birth and gestational age in the birth record, and the date of admission in the hospital record.

The primary outcome was whether a preterm admission ended in discharge, maternal transfer to a hospital with a higher level of maternity care, or birth (Box 1). Outcomes of transfers to higher care were examined as discharge, transfer again to still higher care, transfer back to lower care, or birth. Neonatal outcomes for pregnant women admitted preterm were investigated, including length of stay, transfer, morbidity and mortality.¹⁴

Maternal characteristics (age, number of previous pregnancies, smoking during pregnancy, Indigenous status and area of residence) were obtained from the birth records. Quintile of socioeconomic status was determined by the Index of Relative Socio-economic Disadvantage,¹⁵ and remoteness category by the mean Accessibility/Remoteness Index of Australia (ARIA+) score for postcode of residence¹⁶ (Box 2, full version online only at mja.com.au). Reason for admission was based on the principal admission diagnosis on the hospital record. Hospitals were classified into seven groups based on available neonatal care and number of births, and urban or regional area.¹⁷

Statistical analysis

We used frequency distributions and contingency table analyses to describe

preterm admissions and outcomes. Unless otherwise stated, only the first admission of a hospitalisation that involved transfer is included. Descriptive results are reported as percentages or as median and interquartile range (IQR) as appropriate. For comparison with other studies, we also calculated the ratio of non-birth admissions to all pregnancies, counting transfers as separate admissions.

Multinomial logistic regression was used to determine the adjusted odds ratios for transfer and birth compared with discharge. ARIA score was excluded from the final model because of collinearity with hospital group. Year was included as a continuous variable. Cluster robust standard errors were estimated to account for multiple admissions of women. Infant morbidity and mortality outcomes were adjusted for gestational age by direct standardisation using the combined sample as the standard population.

Results

From 2001 to 2008 there were 688 902 liveborn singleton births at ≥ 24 weeks' gestation, of which 110 439 (16.0%) involved a mother who was admitted to hospital during weeks 20–36 of the pregnancy (Box 1). These births were to 98 183 women, of whom 68 458 (69.7%) were admitted preterm during one pregnancy, 23 970 (24.4%) were admitted preterm during two pregnancies, and 5755 (5.9%) were admitted preterm during 3–6 pregnancies. The proportion of pregnancies during which the mother was admitted increased from 15.5% in 2001 to 16.2% in 2008 (trend $P=0.01$).

During these 110 439 pregnancies, the women had a total of 165 174 preterm admissions if transfers are counted as a separate admission (24.0 per 100 pregnancies), or 153 936 preterm admissions if transfers are counted as part of the preterm admission (22.3 per 100 pregnancies). The women had one preterm hospitalisation in 75.2% of pregnancies involving admission, two preterm hospitalisations in 16.8%, three in 4.9%, and 4–33 hospitalisations in 3.2% of these pregnancies. Counting only admissions that did not result in birth gives 18.4

non-birth admissions per 100 pregnancies (126 573/688 902).

Compared with pregnant women who were not admitted preterm, women admitted preterm were significantly more likely ($P<0.01$) to be <25 years and either in their first pregnancy or to have had more than one previous pregnancy resulting in birth (data not shown). They were also significantly more likely ($P<0.01$) to be Aboriginal, report smoking during pregnancy and live in regional or remote areas, and less likely ($P<0.01$) to be in the highest socioeconomic group.

Characteristics of preterm admissions

Most initial preterm admissions (71.9%) ended in women being discharged without giving birth (Box 1 and Box 2). Women gave birth during 21.8% of initial admissions, and 6.3% resulted in transfer to a higher level of care. The median gestational age at which women were admitted was 33 weeks. The median time from admission until discharge, transfer to another facility or birth was 1 day (IQR 1–2 days; mean 2.3 days). Tertiary hospitals recorded the highest proportion of admissions (34.6%). The most common reasons for admission were preterm labour (18.7%), hypertension (11.5%) and haemorrhage (11.0%) (Box 2). Reasons for admission varied by hospital group and gestational age (data not shown). Hypertension and premature rupture of membranes accounted for more admissions as gestational age increased, while vomiting and abdominal pain accounted for fewer. The proportion admitted to each hospital group generally remained constant over the course of the pregnancy, although after 32 weeks the proportion increased at large urban hospitals and decreased at tertiary hospitals.

The proportion of women discharged ranged from 51.2% of those admitted for fetal anomalies through 59.3% with suspected preterm labour to 98.0% of women admitted for vomiting (Box 2). Preterm labour or premature rupture of membranes were the reasons for admission most likely to result in birth or transfer. From 33 weeks' gestation, as the proportion of women transferred decreased, the

2 Maternal and admission characteristics by outcomes of preterm admission, New South Wales, 2001–2008*

| Initial admission characteristics | Outcome (no. [%]†) | | | Total (no. [%]) |
|-----------------------------------|--------------------|---------------|----------------|-----------------|
| | Discharge | Transfer | Birth | |
| Reason for admission | | | | |
| Preterm labour | 17 069 (59.3%) | 3 420 (11.9%) | 8 307 (28.8%) | 28 796 (18.7%) |
| Hypertension | 13 450 (75.7%) | 1 089 (6.1%) | 3 227 (18.2%) | 17 766 (11.5%) |
| Haemorrhage | 13 176 (77.8%) | 1 455 (8.6%) | 2 308 (13.6%) | 16 939 (11.0%) |
| Premature rupture of membranes | 1 665 (20.9%) | 1 616 (20.3%) | 4 675 (58.8%) | 7 956 (5.2%) |
| Abdominal pain | 7 672 (97.4%) | 182 (2.3%) | 19 (0.2%) | 7 873 (5.1%) |
| Digestive system diseases | 7 266 (94.5%) | 164 (2.1%) | 259 (3.4%) | 7 689 (5.0%) |
| Urinary tract infection | 4 857 (97.5%) | 85 (1.7%) | 42 (0.8%) | 4 984 (3.2%) |
| Vomiting | 4 611 (98.0%) | 78 (1.7%) | 17 (0.4%) | 4 706 (3.1%) |
| Fetal anomalies | 1 913 (51.2%) | 202 (5.4%) | 1 621 (43.4%) | 3 736 (2.4%) |
| Antenatal screening | 3 668 (99.2%) | 28 (0.8%) | 3 (0.1%) | 3 699 (2.4%) |
| Other pregnancy-related | 10 192 (48.0%) | 467 (2.2%) | 10 596 (49.9%) | 21 255 (13.8%) |
| Other genitourinary | 3 001 (70.0%) | 158 (3.7%) | 1 130 (26.3%) | 4 289 (2.8%) |
| Other | 22 192 (91.5%) | 703 (2.9%) | 1 353 (5.6%) | 24 248 (15.8%) |
| Gestational age at admission | | | | |
| 20–28 weeks | 35 064 (89.0%) | 2 683 (6.8%) | 1 656 (4.2%) | 39 403 (25.6%) |
| 29–32 weeks | 28 153 (80.3%) | 3 785 (10.8%) | 3 112 (8.9%) | 35 050 (22.8%) |
| 33–35 weeks | 33 286 (67%) | 2 664 (5.4%) | 13 743 (27.7%) | 49 693 (32.3%) |
| 36 weeks | 14 229 (47.8%) | 515 (1.7%) | 15 046 (50.5%) | 29 790 (19.4%) |
| Hospital group | | | | |
| Tertiary | 40 536 (76.0%) | 405 (0.8%) | 12 377 (23.2%) | 53 318 (34.6%) |
| CPAP‡ | 18 048 (72.9%) | 1 521 (6.1%) | 5 189 (21.0%) | 24 758 (16.1%) |
| Large urban | 23 419 (66.8%) | 2 711 (7.7%) | 8 943 (25.5%) | 35 073 (22.8%) |
| Small urban | 566 (67.3%) | 147 (17.5%) | 128 (15.2%) | 841 (0.5%) |
| Large regional | 14 580 (69.1%) | 1 653 (7.8%) | 4 868 (23.1%) | 21 101 (13.7%) |
| Small regional | 10 581 (71.7%) | 2 176 (14.8%) | 1 992 (13.5%) | 14 749 (9.6%) |
| Other | 3 002 (73.3%) | 1 034 (25.2%) | 60 (1.5%) | 4 096 (2.7%) |
| Admission | | | | |
| First preterm admission | 79 833 (72.3%) | 7 177 (6.5%) | 23 429 (21.2%) | 110 439 (71.7%) |
| Subsequent preterm admission | 30 899 (71.0%) | 2 470 (5.7%) | 10 128 (23.3%) | 43 497 (28.3%) |
| Public or private patient | | | | |
| Public | 87 850 (73.8%) | 7 766 (6.5%) | 23 457 (19.7%) | 119 073 (77.4%) |
| Private | 22 866 (65.6%) | 1 880 (5.4%) | 10 102 (29.0%) | 34 848 (22.6%) |
| Total | 110 732 (71.9%) | 9 647 (6.3%) | 33 557 (21.8%) | 153 936 (100%) |

Percentages may not add to 100% due to rounding. CPAP = continuous positive airway pressure. * Numbers refer to admissions, not pregnancies or women. The 153 936 admissions occurred in 110 439 pregnancies. † As proportion of total for subgroup. ‡ The CPAP hospitals are five large non-tertiary hospitals that are able to provide CPAP respiratory support to neonates.¹⁷

proportion giving birth increased (Box 2). Factors that were independently and positively associated with birth during a preterm admission included: identifying as Aboriginal; maternal age ≥ 35 years; nulliparity; smoking during pregnancy; greater socioeconomic disadvantage; gestational age close to term; private care; admission to a tertiary hospital or hospital that was able to provide CPAP (continuous positive airway pressure) respiratory support; and year in which birth occurred (Box 3).

Transfers

There were 9647 maternal transfers during pregnancy following an initial preterm hospital admission (Box 1).

Overall, 76.4% were to tertiary hospitals, 15.4% to large regional hospitals, 7.1% to large urban hospitals able to provide CPAP respiratory support to neonates, and the remaining 1.1% to small regional or large urban hospitals. Of 1653 transfers from large regional hospitals, 96.7% were to tertiary hospitals, 3.0% to CPAP hospitals and the remainder to large urban hospitals. There were 3210 transfers from small regional and "other" hospitals; 46.1% of these were to large regional hospitals, 35.7% to tertiary hospitals and 14.7% to CPAP hospitals.

Admissions were significantly more likely to result in transfer if the woman was Aboriginal; aged ≥ 35 years; nulliparous or had had >1

previous pregnancies resulting in birth; more socioeconomically disadvantaged; at <36 weeks' gestation; a public patient; or initially admitted to small hospitals, whether regional or urban (Box 3).

Of the women transferred to higher care, 4419 (45.8%) were discharged without giving birth (median length of admission, 3 days; IQR, 1–5 days), 4440 (46.0%) gave birth during the transfer admission, 411 (4.3%) were further transferred to higher care or between tertiary hospitals, and 377 (3.9%) were transferred to another hospital at the same or lower level of care (Box 1). Preterm labour (27.3%) and premature rupture of membranes (19.1%) were the main diagnoses

3 Adjusted odds ratios (95% CI) for transfer and birth compared with discharge

| | Transfer | Birth |
|-------------------------------------|-------------------|---------------------|
| Aboriginality | | |
| Aboriginal | 1.16 (1.05–1.27) | 1.09 (1.01–1.17) |
| Non-Aboriginal | 1.00 (Referent) | 1.00 (Referent) |
| Age group (years) | | |
| < 20 | 0.88 (0.80–0.97) | 0.76 (0.71–0.82) |
| 20–34 | 1.00 (Referent) | 1.00 (Referent) |
| ≥ 35 | 1.16 (1.09–1.24) | 1.30 (1.25–1.36) |
| Previous pregnancies | | |
| 0 | 1.25 (1.18–1.33) | 1.19 (1.15–1.24) |
| 1 | 1.00 (Referent) | 1.00 (Referent) |
| > 1 | 1.18 (1.10–1.26) | 1.04 (1.00–1.08) |
| Smoking during pregnancy | | |
| Yes | 1.07 (1.00–1.13) | 1.21 (1.16–1.26) |
| No | 1.00 (Referent) | 1.00 (Referent) |
| Socioeconomic disadvantage | | |
| Most (quintile 1) | 1.64 (1.50–1.79) | 1.41 (1.34–1.49) |
| Quintiles 2–4 | 1.27 (1.18–1.38) | 1.13 (1.08–1.18) |
| Least (quintile 5) | 1.00 (Referent) | 1.00 (Referent) |
| Patient status | | |
| Private patient | 0.74 (0.69–0.79) | 1.63 (1.56–1.70) |
| Public patient | 1.00 (Referent) | 1.00 (Referent) |
| Reason for admission | | |
| Preterm labour | 7.56 (6.90–8.28) | 6.27 (5.87–6.69) |
| Hypertension | 4.74 (4.25–5.28) | 2.32 (2.16–2.50) |
| Haemorrhage | 4.36 (3.95–4.81) | 3.18 (2.95–3.43) |
| Premature membrane rupture | 53.39 (47.5–60.1) | 33.73 (30.7–37.1) |
| Digestive system diseases* | 0.69 (0.61–0.78) | 0.27 (0.24–0.31) |
| Fetal anomalies | 7.41 (6.16–8.92) | 11.54 (10.36–12.85) |
| Other pregnancy-related† | 1.64 (1.45–1.86) | 9.64 (9.04–10.28) |
| Other genitourinary‡ | 1.03 (0.89–1.21) | 2.70 (2.48–2.94) |
| Other | 1.00 (Referent) | 1.00 (Referent) |
| Gestational age at admission | | |
| 20–28 weeks | 4.15 (3.73–4.61) | 0.06 (0.05–0.06) |
| 29–32 weeks | 5.71 (5.17–6.31) | 0.12 (0.11–0.12) |
| 33–35 weeks | 2.37 (2.15–2.62) | 0.40 (0.38–0.41) |
| 36 weeks | 1.00 (Referent) | 1.00 (Referent) |
| Hospital group | | |
| Tertiary | 0.06 (0.05–0.07) | 1.23 (1.17–1.29) |
| CPAP | 0.60 (0.55–0.65) | 1.10 (1.04–1.17) |
| Large urban | 1.00 (Referent) | 1.00 (Referent) |
| Small urban | 2.40 (1.87–3.07) | 0.73 (0.58–0.91) |
| Large regional | 0.72 (0.67–0.79) | 1.04 (0.99–1.10) |
| Small regional/other | 1.97 (1.82–2.12) | 0.54 (0.51–0.58) |
| Admission | | |
| First | 1.00 (Referent) | 1.00 (Referent) |
| Second or later | 1.06 (1.00–1.12) | 0.90 (0.87–0.93) |
| Year § | 1.04 (1.03–1.05) | 1.05 (1.04–1.06) |

CPAP = continuous positive airway pressure. The CPAP hospitals are five large non-tertiary hospitals that are able to provide CPAP respiratory support to neonates.¹⁷ * Includes abdominal pain and vomiting. † Includes antenatal screening. ‡ Includes urinary tract infection. § Fitted as a continuous variable.

reported for the transfer admission for women who gave birth or were further transferred to higher care, but 62.2% of the 2220 women with preterm labour in the transfer admission were discharged or transferred back to lower care. Time from transfer to discharge, transfer or birth was longest for women who were eventually transferred to lower care (median, 6 days; IQR, 3–12 days) and shortest for those who gave birth (median, 1 day; IQR, 1–4 days).

Infants born after maternal transfer had lower gestational age (median 32 weeks; IQR, 29–34 weeks) than those born in the initial preterm admission (median, 35 weeks; IQR, 34–36 weeks). After adjusting for gestational age, infants born after maternal transfer had similar mortality to those born in the initial admission, but had higher morbidity and were less likely to be discharged home (Box 4).

There were 1876 neonatal transfers from non-tertiary to tertiary hospitals (including 212 to a children's hospital). Where a neonatal transfer occurred after birth in the initial admission, the median time from maternal admission to birth was 1 day (IQR, 1–1 days), compared with 2 days (IQR, 1–6 days) from initial maternal admission to birth if maternal transfer occurred.

Discussion

To our knowledge, this is the first study to use linked population data to examine preterm hospital admissions among pregnant women in Australia. From 2001–2008 in NSW, about one in six pregnant women were admitted to hospital at least once during weeks 20–36 of their pregnancy. Australia-wide, this would represent a significant impact on the health system, translating to about 63 500 preterm admissions each year, almost three-quarters of which will end in the woman being discharged without giving birth. This includes about 3700 women per year transferred to higher care, almost half of whom will be subsequently discharged.

Maternal risk factors for transfer and birth among women admitted preterm in our study (advanced maternal age, extremes of parity, Aboriginality, smoking during preg-

nancy and social disadvantage), are recognised risk factors for adverse pregnancy outcomes.^{18,19} Suspected preterm labour was the most common reason for admission and was strongly associated with transfer and birth. However, for women admitted for preterm labour, the high rates of discharge following the initial admission (59%) and transfer (62%) highlight the difficulty in determining which pregnancies will be ongoing. Future improvements in assessment of threatened preterm labour may have considerable potential both to reduce length of stay for the initial admission and to reduce unnecessary transfers.

Preterm prelabour rupture of the membranes accounted for 5% of preterm admissions and was the strongest risk factor for transfer and birth. However, management of this condition remains a dilemma with respect to immediate birth or expectant management, and hospital or outpatient care.²⁰ Hypertension and haemorrhage were the other major contributors to preterm admission, each accounting for 11% of admissions, but were weaker risk factors for transfer and birth. For most pregnancy conditions there is a paucity of evidence for keeping women in hospital for bed rest once their condition has stabilised.^{21–23}

When a maternal or fetal risk is identified that may lead to preterm birth, optimal care is provided by ensuring care at a centre that has the expertise and facilities to provide appropriate management,²⁴ although this may remove a woman from her family and other social supports. In our study, infants born after maternal transfer had lower gestational ages and were less likely to be discharged directly home, suggesting that clinicians do, in general, identify pregnancies that are at increased risk. However, almost half the women transferred were discharged without giving birth, about twice the rate observed in a population-based study in the United Kingdom.²⁵ Differences in health care services, especially the distances involved with access to referral centres, make direct comparisons difficult. There may be more scope for reduction of unnecessary transfers in urban and outlying metropolitan areas in Australia, where

4 Outcomes* of the initial admission for infants and mothers by maternal transfer status, New South Wales, 2001–2008

| | Birth (n = 33 557) | Maternal transfer then birth (n = 4439) |
|-----------------------------------|-----------------------|--|
| Neonatal outcome | | |
| Mortality | 1.2% | 4.8% |
| Adjusted† | 1.7% (1.6%–1.9%) | 1.4% (1.3%–1.7%) |
| Severe morbidity ²² | 28.6% | 72.0% |
| Adjusted† | 33.3% (32.9%–33.7%) | 38.9% (36.9%–41.0%) |
| Transfer to higher care‡ | 7.6% | 12.1% |
| Adjusted† | 8.7% (8.3%–9.0%) | 9.1% (7.7%–10.5%) |
| Discharge home | 84.7% | 23.2% |
| Adjusted† | 82.2% (81.8%–82.6%) | 43.7% (41.4%–46.4%) |
| Maternal outcome | | |
| Severe morbidity ²³ | 3.2% | 5.4% |
| Postnatal transfer to higher care | 3.3% | 2.2% |
| Discharge home | 94.6% | 87.4% |

* Outcomes are not mutually exclusive. † Adjusted for gestational age. ‡ Including children's hospitals.

distance is a less critical factor. Neonatal transfers, on the other hand, can represent “missed” opportunities for antenatal transfer; our findings suggest that “missed” transfers were mostly due to rapid progression of labour. Clinicians may have identified these women as candidates for transfer but were not confident of sufficient time to effect an antenatal transfer.

The availability of linked hospital admission data enabled us to calculate population rates of admission and transfer, unlike previous studies which have been limited to calculating ratios of admissions to pregnancies.^{7–9} Our finding of 18.4 non-birth admissions per 100 pregnancies is comparable with the findings of studies from other countries (12–30 per 100).^{7–9} The main overall reasons for admission in our study (preterm labour and hypertension) and for admission resulting in birth (premature rupture of membranes, preterm labour and hypertension) were also consistent with earlier studies.^{7–9,26} A US study reporting linked outcome information found that 66% of antenatal admissions ended in the woman being discharged without giving birth, compared with our findings of 72% in NSW; that study only counted antenatal admissions that were at least 4 days before the actual birth date.²⁶

The limitations of using population data include the lack of detailed clinical information on the severity and timing of medical conditions, and on social circumstances of the mother,

which would enable a fuller assessment of the appropriateness of antenatal admission and transfer. The availability of maternity services staff at smaller hospitals at any given time is another unknown, and may play an important part in transfer decisions.

Although they are generally short, preterm admissions consume resources that are already stretched — the current workforce is insufficient, and facilities are running at unacceptably high occupancy rates. Strategies aimed at reducing antenatal admissions appear justified and could have important benefits for mothers, their families and health care facilities.

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2 Maternal and admission characteristics by outcomes of preterm admission, New South Wales, 2001–2008*

| Initial admission characteristics | Outcome (no. [%†]) | | | |
|-------------------------------------|------------------------|---------------------|-----------------------|-----------------------|
| | Discharge | Transfer | Birth | Total (no. [%]) |
| Aboriginality | | | | |
| Non-Aboriginal | 104 518 (72.1%) | 8 684 (6.0%) | 31 812 (21.9%) | 145 014 (94.2%) |
| Aboriginal | 6 214 (69.6%) | 963 (10.8%) | 1745 (19.6%) | 8 922 (5.8%) |
| Age group (years) | | | | |
| < 20 | 7 597 (74.9%) | 843 (8.3%) | 1 699 (16.8%) | 10 139 (6.6%) |
| 20–24 | 22 060 (75.6%) | 2 013 (6.9%) | 5 104 (17.5%) | 29 177 (19.0%) |
| 25–29 | 30 832 (73.2%) | 2 577 (6.1%) | 8 719 (20.7%) | 42 128 (27.4%) |
| 30–34 | 30 477 (70.2%) | 2 511 (5.8%) | 10 435 (24.0%) | 43 423 (28.2%) |
| 35–39 | 15 855 (68.2%) | 1 357 (5.8%) | 6 033 (26.0%) | 23 245 (15.1%) |
| ≥ 40 | 3 898 (67.2%) | 345 (5.9%) | 1 559 (26.9%) | 5 802 (3.8%) |
| Previous pregnancies | | | | |
| 0 | 46 465 (70.9%) | 3 978 (6.1%) | 15 089 (23.0%) | 65 532 (42.6%) |
| 1 | 34 253 (74.0%) | 2 553 (5.5%) | 9 500 (20.5%) | 46 306 (30.1%) |
| > 1 | 30 014 (71.3%) | 3 116 (7.4%) | 8 968 (21.3%) | 42 098 (27.3%) |
| Smoking during pregnancy | | | | |
| No | 86 534 (72.3%) | 6 858 (5.7%) | 26 223 (21.9%) | 119 615 (77.7%) |
| Yes | 24 198 (70.5%) | 2 789 (8.1%) | 7 334 (21.4%) | 34 321 (22.3%) |
| Socioeconomic status | | | | |
| Most disadvantaged | 18 034 (69.5%) | 2 157 (8.3%) | 5 754 (22.2%) | 25 945 (16.9%) |
| 2nd quintile | 22 515 (72.6%) | 2 389 (7.7%) | 6 090 (19.6%) | 30 994 (20.1%) |
| Middle quintile | 25 215 (71.1%) | 2 216 (6.2%) | 8 051 (22.7%) | 35 482 (23.0%) |
| 4th quintile | 23 982 (74.0%) | 1 640 (5.1%) | 6 781 (20.9%) | 32 403 (21.0%) |
| Least disadvantaged | 20 591 (72.1%) | 1 218 (4.3%) | 6 741 (23.6%) | 28 550 (18.5%) |
| ARIA+ category | | | | |
| Major cities | 75 616 (72.4%) | 4 818 (4.6%) | 24 062 (23.0%) | 104 496 (67.9%) |
| Inner regional | 22 045 (72.0%) | 2 341 (7.6%) | 6 217 (20.3%) | 30 603 (19.9%) |
| Outer regional | 10 836 (70.1%) | 1 927 (12.5%) | 2 701 (17.5%) | 15 464 (10.0%) |
| Remote/very remote | 1 840 (65.5%) | 534 (19.0%) | 437 (15.5%) | 2 811 (1.8%) |
| Reason for admission | | | | |
| Preterm labour | 17 069 (59.3%) | 3 420 (11.9%) | 8 307 (28.8%) | 28 796 (18.7%) |
| Hypertension | 13 450 (75.7%) | 1 089 (6.1%) | 3 227 (18.2%) | 17 766 (11.5%) |
| Haemorrhage | 13 176 (77.8%) | 1 455 (8.6%) | 2 308 (13.6%) | 16 939 (11.0%) |
| Premature rupture of membranes | 1 665 (20.9%) | 1 616 (20.3%) | 4 675 (58.8%) | 7 956 (5.2%) |
| Abdominal pain | 7 672 (97.4%) | 182 (2.3%) | 19 (0.2%) | 7 873 (5.1%) |
| Digestive system diseases | 7 266 (94.5%) | 164 (2.1%) | 259 (3.4%) | 7 689 (5.0%) |
| Urinary tract infection | 4 857 (97.5%) | 85 (1.7%) | 42 (0.8%) | 4 984 (3.2%) |
| Vomiting | 4 611 (98.0%) | 78 (1.7%) | 17 (0.4%) | 4 706 (3.1%) |
| Fetal anomalies | 1 913 (51.2%) | 202 (5.4%) | 1 621 (43.4%) | 3 736 (2.4%) |
| Antenatal screening | 3 668 (99.2%) | 28 (0.8%) | 3 (0.1%) | 3 699 (2.4%) |
| Other pregnancy-related | 10 192 (48.0%) | 467 (2.2%) | 10 596 (49.9%) | 21 255 (13.8%) |
| Other genitourinary | 3 001 (70.0%) | 158 (3.7%) | 1 130 (26.3%) | 4 289 (2.8%) |
| Other | 22 192 (91.5%) | 703 (2.9%) | 1 353 (5.6%) | 24 248 (15.8%) |
| Gestational age at admission | | | | |
| 20–28 weeks | 35 064 (89.0%) | 2 683 (6.8%) | 1 656 (4.2%) | 39 403 (25.6%) |
| 29–32 weeks | 28 153 (80.3%) | 3 785 (10.8%) | 3 112 (8.9%) | 35 050 (22.8%) |
| 33–35 weeks | 33 286 (67%) | 2 664 (5.4%) | 13 743 (27.7%) | 49 693 (32.3%) |
| 36 weeks | 14 229 (47.8%) | 515 (1.7%) | 15 046 (50.5%) | 29 790 (19.4%) |
| Hospital group | | | | |
| Tertiary | 40 536 (76.0%) | 405 (0.8%) | 12 377 (23.2%) | 53 318 (34.6%) |
| CPAP‡ | 18 048 (72.9%) | 1 521 (6.1%) | 5 189 (21.0%) | 24 758 (16.1%) |
| Large urban | 23 419 (66.8%) | 2 711 (7.7%) | 8 943 (25.5%) | 35 073 (22.8%) |
| Small urban | 566 (67.3%) | 147 (17.5%) | 128 (15.2%) | 841 (0.5%) |
| Large regional | 14 580 (69.1%) | 1 653 (7.8%) | 4 868 (23.1%) | 21 101 (13.7%) |
| Small regional | 10 581 (71.7%) | 2 176 (14.8%) | 1 992 (13.5%) | 14 749 (9.6%) |
| Other | 3 002 (73.3%) | 1 034 (25.2%) | 60 (1.5%) | 4 096 (2.7%) |
| Admission | | | | |
| First preterm admission | 79 833 (72.3%) | 7 177 (6.5%) | 23 429 (21.2%) | 110 439 (71.7%) |
| Subsequent preterm admission | 30 899 (71.0%) | 2 470 (5.7%) | 10 128 (23.3%) | 43 497 (28.3%) |
| Public or private patient | | | | |
| Public | 87 850 (73.8%) | 7 766 (6.5%) | 23 457 (19.7%) | 119 073 (77.4%) |
| Private | 22 866 (65.6%) | 1 880 (5.4%) | 10 102 (29.0%) | 34 848 (22.6%) |
| Total | 110 732 (71.9%) | 9 647 (6.3%) | 33 557 (21.8%) | 153 936 (100%) |

Percentages may not add to 100% due to rounding. CPAP = continuous positive airway pressure. * Numbers refer to admissions, not pregnancies or women. The 153 936 admissions occurred in 110 439 pregnancies. † As proportion of total for subgroup. ‡ The CPAP hospitals are five large non-tertiary hospitals that are able to provide CPAP respiratory support to neonates.¹⁷